

		Lunes	Martes	Miércoles	Jueves	Viernes	Sábado
09:30 - 10:30	Sala 2			BODY PUMP			
	Sala 1	G.A.P.					
10:30 - 11:30	Sala 2	BODY PUMP	ACOND. FISICO	GIMNASIA SUAVE			
11:00 - 11:30	Sala 1		ABD TOTAL				
18:00 - 19:00	Sala 2	BODY PUMP					
	Sala 1	G.A.P.					
19:00 - 20:00	Sala 2	B.PUMP HEAVY		B.PUMP HEAVY			
20:00 - 21:00	Sala 2		BODY PUMP				