

		Lunes	Martes	Miércoles	Jueves	Viernes	Sábado
09:30 - 10:30	Sala 2					CROSSTRAINING	
11:00 - 11:30	Sala 1		HIFT				
14:30 - 15:00	Sala 1	HIFT		HIFT			
17:00 - 18:00	Sala 2					CROSSTRAINING	
18:00 - 19:00	Sala 2				CROSSTRAINING		
	Sala 1			CROSSTRAINING			
19:00 - 19:30	Sala 1				HIFT		
19:00 - 20:00	Sala 2		CROSSTRAINING				
20:00 - 20:30	Sala 1			HIFT			